



MEDICAL PLAN & RISK ASSESSMENT SEAFIELD PARK

Mr C Wolstenholme
Club Secretary

Reviewed 24th July 2026

A. Ground Capacity

The ground has a maximum capacity of 1500; this being based on there being only two entrance / exit points to / from the ground.

B. First Aid room and facilities

There is a First Aid room within Seafield Park. The room is located in the main toilet block.

C. Medical Equipment

The First Aid room has an examination table and is stocked with first aid equipment and consumables which are supplied and maintained by the club

In the event of an ambulance attending the ground, any consumables used by ambulance personnel in the execution of their duties shall be replenished by the Scottish Ambulance Service.

A defibrillator apparatus is located within the first aid room with first aiders having been trained in its use. On match days the defibrillator is placed in the home dugout.

D. Numbers of first aid personnel

Expected Crowd	Up to 1500 (Average gate 100)
Ambulances	0 (available on call)
Ambulance Staff	0 (available on call)
Ambulance Officers	N/A
Paramedic	0
First Aiders	2
Doctors	0 (1 on call)
Control Unit	N/A

The First Aiders will provide first response to any reported casualty. In the event of a Cardiac Arrest or if a suspected critical condition is suggested further assistance will be requested from a local GP and / or Scottish Ambulance Service.

The First Aiders will transfer the casualty (if appropriate) to the first aid room to administer treatment or to await further assistance. The Doctor or Scottish Ambulance Service personnel will attend and determine a treatment plan.

E. Playing Staff

Players' injuries are initially treated by members of coaching staff who have received specialised sports injury training.

Playing staff suffering from injury deemed serious enough for them to require medical treatment will be taken to the treatment areas within the team dressing

rooms. In the event of professional medical care being necessary the Scottish Ambulance Service may be asked to respond to treat and transport players as required.

F. Travel times to A & E

The closest A & E receiving hospital to Seafield Park is Raigmore hospital in Inverness. It is approximately 36 miles from the stadium and under normal driving conditions it would take approximately 40 minutes.

The nearest 'Minor Injuries Unit' is available at Grantown Medical Practice (Monday to Friday 08:00 till 18:00) by calling 01479 872484, out with these hours the Badenoch & Strathspey Community Hospital can see minor injuries after calling NHS 24 on 111, it is approximately 15 miles from the stadium and under normal driving conditions it would take approximately 20 minutes.

These times would be reduced under "Blue Light" conditions.

G. Fatalities

Responsibilities for dealing with fatalities would normally lie with Police Scotland; however, where the deceased is in view of the public the safety officer may arrange for the body to be screened off or removed to a suitable location.

H. Time and duration of cover

The attendance of First Aiders on match days will be a minimum of 1 hour prior to kick-off time until the last spectator has exited ground.

I. Identification

On – duty First Aiders will be identifiable by High Visibility waistcoats and or armbands. These are supplied by the Football Club.

J. Welfare Facilities

Suitable refreshments are provided by the club for on-duty First Aiders. Toilet facilities are available.